

YEAR 6 – MEDIUM-TERM OVERVIEW

Half term	Topic	In this unit of work, pupils learn...	Quality Assured resources to support planning
Autumn 1	<p>Personal Identity: What contributes to who we are; Personal strengths; Interests; Setting goals; Managing setbacks; New opportunities and responsibilities</p> <p>PoS refs: H25, H26, H27, H28, H29, H35, R32, L25, L26</p>	<ul style="list-style-type: none"> • about what contributes to who we are (e.g. ethnicity, family, faith, culture, gender, hobbies, likes/dislikes) • how individuality and personal qualities make up someone's identity (including that gender identity is part of personal identity and for some people does not correspond with their biological sex) • how to recognise positive things about themselves and their achievements • how to set goals to help achieve personal outcomes • how to manage setbacks and perceived failures • how to reframe unhelpful thinking • about new opportunities and responsibilities that come from increasing independence 	<p>Premier League Primary Stars - KS2 Diversity Lesson</p> <p>Metro – KS2 Workshop on Gender - Anti HBT Bullying</p>
Autumn 2	<p>Puberty and reproduction: Growing up and developing independence; Managing the changes of puberty; Menstrual wellbeing; How a baby is made</p> <p>PoS refs: H17, H31, H33, H34, L3</p>	<ul style="list-style-type: none"> • how to manage change – new roles and responsibilities as they grow up • how to manage the physical and emotional changes that happen during puberty • about adult relationships and the human life cycle • about human reproduction; how a baby is made and how it grows 	<p>Medway Public Health Directorate relationships and sex education schemes of work for KS2 - Lessons 1-4 for Year 6</p> <p>Rise Above – Puberty</p> <p>Betty – It's perfectly natural</p>
Spring 1	<p>Health and hygiene: Making informed choices regarding a healthy lifestyle, including nutrition; Hygiene and bacteria and viruses; Allergies and getting help in an emergency; Vaccination and immunisation</p>	<ul style="list-style-type: none"> • how choices can affect a healthy lifestyle • about what constitutes a healthy diet and how to plan healthy meals • how bacteria and viruses can affect health • hygiene routines to limit the spread of infection • how to take responsibility for personal hygiene during adolescence • how medicines contribute to health, and how to use them responsibly and safely 	<p>*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020</p>

	PoS refs: H1, H2, H3, H6, H9	<ul style="list-style-type: none"> • how to manage allergies including how to respond in an emergency • about how vaccines and immunisations can prevent some diseases 	
Spring 2	<p>Managing change: Developing friendship skills; Changing and ending friendships; Managing change, loss and bereavement; Sources of support</p> <p>PoS refs: H16, H23, H24, H36, R30, L4</p>	<ul style="list-style-type: none"> • how positive friendships can support wellbeing • how friendships change (including context such as moving home or schools) • how to manage change in different contexts (including loss and bereavement) • accessing appropriate support during times of change • about empathy and how people can help to support each other in times of difficulty 	<p>PSHE Association – Mental Health and Emotional Wellbeing</p> <p>NSPCC – Making sense of relationships</p> <p>Rise Above – Transition to secondary school</p>
Summer 1	<p>Media literacy: How data is shared and used online; Evaluating reliability of sources; Misinformation and targeted information; Choosing age-appropriate TV, games and online content; Influences relating to gambling</p> <p>PoS refs: H37, H38, H42, R29, L1, L11, L12, L13, L14, L16, L23</p>	<ul style="list-style-type: none"> • about the role of the internet in everyday life • about the positive and negative uses and effects of the internet and social media • how data is shared and used online, and how information can be targeted • how images and information online can be manipulated or invented • strategies to evaluate reliability of sources and identify misinformation • how and why to choose age-appropriate media including TV, film, games and online content • about risk in relation to gambling, including online • how to manage influences in relation to gambling 	<p>Google and Parent Zone – Internet Legends</p> <p>BBFC – Let's watch a film</p> <p>CEOP – Play, Like, Share</p> <p>Childnet – Trust me</p> <p>Newswise - Lesson 3 Managing feelings about the news; Lesson 5 Spotting fake news; Lesson 6 Understanding that news is targeted</p>
Summer 2	<p>Friendships and staying safe: Opportunities to connect online; The nature of online-only friendships; Reporting harmful content and contact; Staying safe online</p> <p>PoS refs: H37, H38, H41, H42, R1, R12, R18, R22, R23, R24, R25, R27, R29, L11, L15, L16</p>	<ul style="list-style-type: none"> • about opportunities to connect with others, including friends, online • about what it means to 'know someone online' and how this differs to knowing someone face to face • about why someone may behave differently online, including pretending to be someone they are not • how to manage the risks of communicating online with others not known face-to-face • strategies to respond to harmful behaviour, including online • how to report concerns and access help or advice 	<p>Home Office – Disrespect NoBody</p> <p>Childnet – Trust me</p> <p>Google and Parent Zone – Internet Legends</p> <p>CEOP – Play, Like, Share</p> <p>NSPCC – Making sense of relationships - Key Stage 2, Lessons 2 & 3</p>