

# Parents Online Safety

You will be aware the Internet hosts many exciting opportunities for education. The online world is a wonderful place for young people to explore, with unprecedented opportunities for learning and creativity, but just like the real world there are risks and dangers they should be aware of and which we should all act to protect them from. As a school we encourage the use of technology as an important part of our students' development but always want them to spend their time online safely. As a parent/carer you can play a significant part in ensuring this.

## Top Tips for Parents:

1. Talk to your child, early and often
2. Explore online together
3. Know who your child is talking to online
4. Set rules and boundaries
5. Make sure content is age-appropriate
6. Use parental controls to filter, restrict, monitor and report content
7. Check they know how to use privacy settings and reporting tools

## Websites:

Childnet:  
<http://www.childnet.com/parents-and-carers>

CEOP Think U Know Parents:  
<https://www.thinkuknow.co.uk/parents/>

Internet Matters:  
<https://www.internetmatters.org/>

h2bsafer Safety Centre:  
<http://h2bsafetycentre.com/>

NSPCC:  
<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

## Apps:

 NetAware by NSPCC  
A simple guide for parents to the most popular social networks, apps and games

 InternetMatters by Internet Matters  
This tablet-only app will help parents learn together with their child about online safety issues

 iOS Settings by Apple  
Enable password protected Restrictions on iPad, iPhone and iPod touch

 Qustodio Parental Control by Qustodio  
Internet monitoring and control for mobile devices including tablets and smartphones

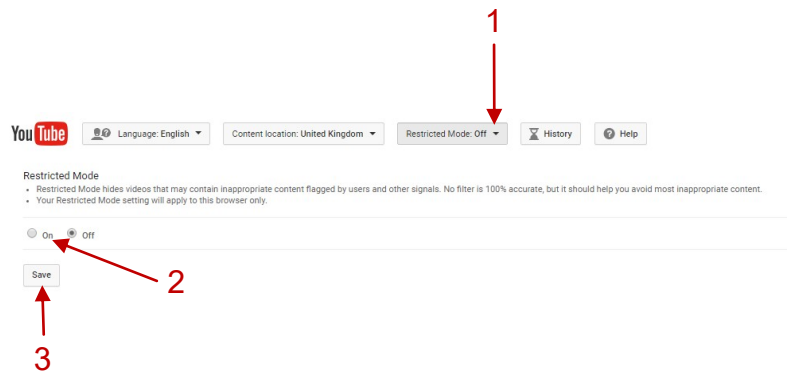
# Internet Safety



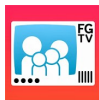
## YouTube Safety Mode

At the bottom of a YouTube page you can enable Restricted Mode which will help filter out inappropriate content.

This filtering can also be enabled in the YouTube app settings on mobile devices.



Online safety videos can be viewed on the following YouTube Channels:



FamilyGamerTV



CEOP

**NSPCC**

NSPCC



[www.getmedigital.com/friendly-wifi](http://www.getmedigital.com/friendly-wifi)

Look out for this logo. Businesses offering public WiFi and displaying this logo have been checked and verified, filters are in place to block pornography and child abuse websites.

NB: Never shop or share personal information on a public hotspot



### Passwords

1. Should be at least 8 characters
2. Contain numbers, symbols, capital and lower case letters
3. Not be a dictionary word
4. Don't rely on obvious substitutions (o for 0)

Use a **Password Checker** to practice with your child:

[howsecureismypassword.net/](http://howsecureismypassword.net/)

↑  
NB: Never use a real password on a password checker site.



Use a **Password Manager** app to store your passwords more securely  
Available online and as an app: [www.securesafe.com/en/](http://www.securesafe.com/en/)

### Worried? Need to Report?

1. Report to your Social Network Service
2. Contact school
3. NSPCC
4. CEOP (Grooming)
5. Internet Watch Foundation (Illegal Content)



[www.iwf.org.uk](http://www.iwf.org.uk)